

## Coming to terms with loss?

Get the emotional and practical support you need to help you at this time.

You can access our team of professional **counsellors** 24 hours a day.

You can also get **practical** information from our team of specialists who will be able to assist you with any loss-related queries you may have.





Get access to the help you need 24/7 with Care first

Or access help online carefirst-lifestyle.co.uk

Contact: W J Wright 01451 810700